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LTR James Crespi, Operations Manager, Patricia Dickie, Special Projects Manager, Adam Waterworth, Managing Director, Bradley Eccleshare, Head of Marketing.) Photo: Dean Wallter-Holliday

Two major horse racing awards for Goodwood

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GOODWOOD racecourse is celebrating winning two major horse racing awards, including the top honours for Best racecourse, at the recent 2012 Racecourse Association awards.

It was one of only two racecourses nominated for an impressive three awards on the glittering night at York, which are the pinnacle of achievement within the racing industry.

Goodwood was up against the country's very best as it was judged by an independent panel.

It triumphed in the marketing category for its successful campaign surrounding the August Bank Holiday

weekend fixture.

To top off the evening, Goodwood then won the Showcase Champion Award - the highest accolade possible.

The racecourse was also nominated in the Corporate and Social Responsibility section - for the Magnolia Cup Ladies Race, which raised more than £200,000 for charity at Glorious Goodwood last year, and in the Food and Beverage category for the major refurbishment and re-launch of the '1812 Bar' in the Richmond Enclosure.

Ian Barlow, Racecourse Association Chairman said: "Special congratulations must go to Goodwood Racecourse as it has consistently shown over the different entries made to these awards, what an excellent job they have been doing in improving the raceday experience for guests and visitors.

"These Awards are very always very competitive, so many congratulations go to Adam Waterworth and his team on such a fantastic job."

Racecourse managing director Adam Waterworth said: "We're delighted to have been recognised in this way by the Racecourse Association.

"The awards really are the gold standard within the industry and to be nominated in three categories was a fantastic achievement in itself.

"Winning the Marketing award and then being crowned Showcase Champion is a huge endorsement of what we work so hard for. Visitors are at the heart of everything we do. The win makes us even more enthused about what lies ahead in 2013.

Tickets for the exciting 2013

season went on sale on December 1 with early indications showing another likely sell-out year. Tickets will be available to buy in person at the Goodwood Ticket Office, online at www.goodwood.com/horseracing or by telephoning: 01243 755055.

The 2013 racing season at Goodwood starts on Saturday May 4 with the opening Saturday quickly followed by The May Festival on May 23 - 25.

Three evenings of racing, music and dancing will be on May 31, June 14 and 21. Glorious Goodwood is a five day meeting from July 30. The An August Bank Holiday Weekend follows and there is racing on Tuesday September 3, and September with the grand finale of the season on Sunday October 13. Book now: www.goodwood.com/horseracing

How horses can help to develop leadership skills

A NEW equestrian book describes how the secret lives of horses can impact on your leadership, teamwork and communication skills

"Unbridled Success" (£14.99 Academy Press) by Julia Felton, shares the profound life and business lessons that horses have taught her.

Horse Assisted Development is a fun and effective way to get a better understanding of yourself through interacting with horses.

Horse Assisted Development, also known as Equine Assisted Learning and Equine Assisted Coaching, allows you to learn different ways of communicating and to see the immediate effect of modifying your behaviour.

Horses don't judge or criticise but provide instant and honest feedback by responding to the non-verbal signals we give them.

Through Julia's candid storytelling, she provides insights into how horses can help us become more self-aware and connected to ourselves and others.

The result is improved leadership skills, as Julia reveals that leadership is an earned position, based on trust and respect.

This book provides a refreshing departure from the idea that leaders are always the dominant one.

Julia, said: "Horses are great at

teaching leadership, teamwork and communication skills which are all sorely needed in business today.

This is particularly in light of the fact that the recent economic climate has left business owners with dysfunctional teams as the spate of downsizing and cost cutting measures.

This means that we have team members in roles that some are ill equipped to fulfill.

Team dynamics have changed and yet we expect our people to deliver even more.

For individuals this can cause stress and anxiety.

She says that Horse Assisted Coaching provides a way for companies to engage in experiential learning with their team members and develop their skills through 'whole body' learning.

"Research has shown that this can be 400 per cent more effective than just listening to information in a classroom setting," she said.

"Unbridled Success" reveals that Horse Assisted Coaching is not just some fad.

"My aim is to get Horse Assisted Coaching accepted into the main stay of training and development within organisations.

"For the individual, what they learn, impacts their life not just at work, but at home as well," added Julia.

Julia is pictured below with her horse, Bracken.



Local donkeys help less fortunate ones in Middle East

DONKEYS in the Middle East were helped out by three of their English counterparts at the recent switch on of Burgess Hill Christmas Lights.

In spite of the at times torrential rain, shoppers and their families queued to meet Dolly, Louis and Suki the donkeys, who were safely tucked up in the warm in their horsebox at the front of a shop.

There was also a "guess the name of the donkey" competition for a model donkey in the Safe Haven for Donkeys Charity Shop in the town.

Several hundred pounds was raised to help donkeys in need in Israel and Palestine.

Thanks have gone to donkeys

Dolly, Louis and Suki and their owner Wendy and to all who visited the donkeys and the shop itself to help raise this money.

Proceeds will go to help the charity Safe Haven For Donkeys in the Holy Land.

The charity was founded by Lucy Fensome, of Sussex, when she discovered the terrible conditions faced by donkeys, mules and horses in Israel and Palestine.

That was 11 years ago, and Lucy moved out there to do something about it.

There is a West Sussex link run by Wendy Ahl at Scaynes Hill. Email: info@safehaven4donkeys.rg



The donkeys outside the Safe Haven for Donkeys shop in Burgess Hill

Warning of major equine welfare crisis as society asks everyone to lobby MPs

THE British Horse Society has warned of an impending major welfare crisis in the equestrian world.

It says it is vital for everyone to lobby their MPs in order to try to avert disaster.

Recent widespread flooding has also left horses even more at risk.

It says that more and more people are becoming aware that Britain is on the verge of a genuine equine welfare crisis on a completely unprecedented scale.

But there is a simple way that everyone can help lobby for crucial legislation and funding.

The BHS has been working closely with the other key welfare organisations (RSPCA, World Horse Welfare, Redwings, Horserworld, Blue Cross and National Equine Welfare Council) in a way that has never happened before.

It said: "Together, we are aware of more than 6,000 horses and ponies at direct risk this winter.

However, this figure is only made up of large welfare cases with 10 or more horses.

"It only includes groups that we are aware of and monitoring where we can see a significant chance that direct action will need to be taken in the coming months.

"The horses at risk will need to be seized or rescued."

This means that the true number of horses and ponies in danger this winter will be much higher than 6,000.

It says everyone will need to face some unpalatable truths if all these cases are tipped over the edge.

"Charities simply cannot cope with the need for their services.

"We need support from the Government, both locally and nationally, in the form of legislation and funding for enforcement.

"Sadly, there appears to be little, if any, appetite for this within Westminster although it must be said that the Welsh Assembly is being

far more proactive and responsive to our calls for help."

This is where it says that the public needs to come in and join the campaign to achieve a better future for the equines at risk.

The BHS added: "While we are doing everything we can to lobby Government, we do need as many people as possible to get involved. "Helping is easy.

"The group of charities has produced a lobbying microsite where you can send an email to your MP.

"The site provides a template email (which you can alter as you see fit) and will automatically direct the email to your MP if you provide your postcode (so you don't even need to know the name of your MP)."

The whole process only takes a couple of minutes.

To join this campaign see: <http://campaign.publicaffairsbriefing.co.uk/emailsupport.asp>

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